

Targeted Sequencing Identifies Missense Variant  
in the *BEST3* Gene Associated with  
Antihypertensive Response to Thiazide Diuretics

**Sonal Singh, Ph.D**  
Postdoctoral Associate

Hydrochlorothiazide is one of the most commonly prescribed antihypertensive in the US **Genetics!**

Poorly understood mechanisms

Variability in BP

Difficult Clinical Prediction

**PHARMACOGENOMICS**

- Elucidation of genetic determinants of HCTZ blood pressure response

**PEAR**

(Pharmacogenomic Evaluations of Antihypertensive Response)

**GERA**

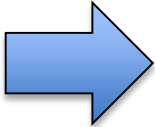
(Genetic Epidemiology of Responses to Antihypertensives)

# STUDY DESIGN

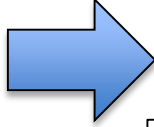
PEAR/GERA



Baseline



PEAR -> 9 weeks  
GERA -> 4 weeks  
Hydrochlorothiazide  
Treatment



Post  
Treatment



**Genetic variability in this region is determinant of antihypertensive response to HCTZ**



Chromosome 12q15 locus associated with BP response to HCTZ  
No functional polymorphism was identified in the

~~chromosome~~ 12 locus

rs315135      rs7297610

LYZ      YEATS4      FRS2



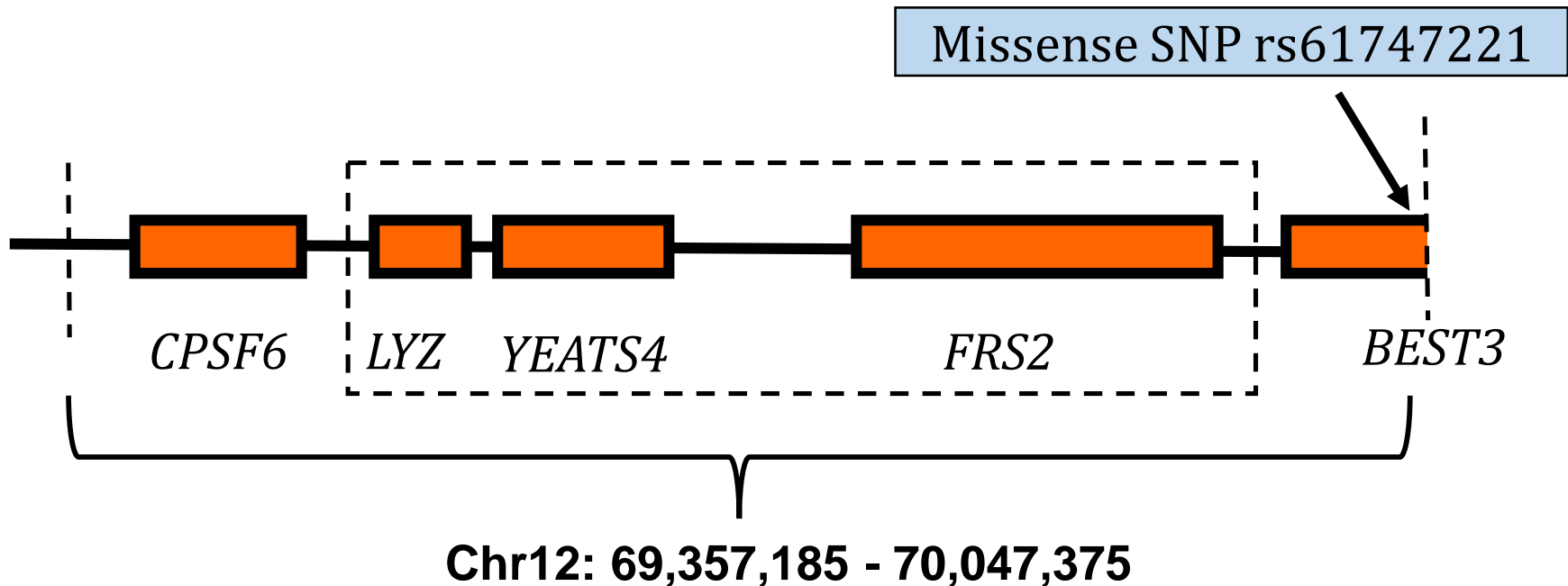
No clear understanding of the underlying mechanism could be determined  
Successfully replicated in PEAR

## PHASE I -> Participant Demographics

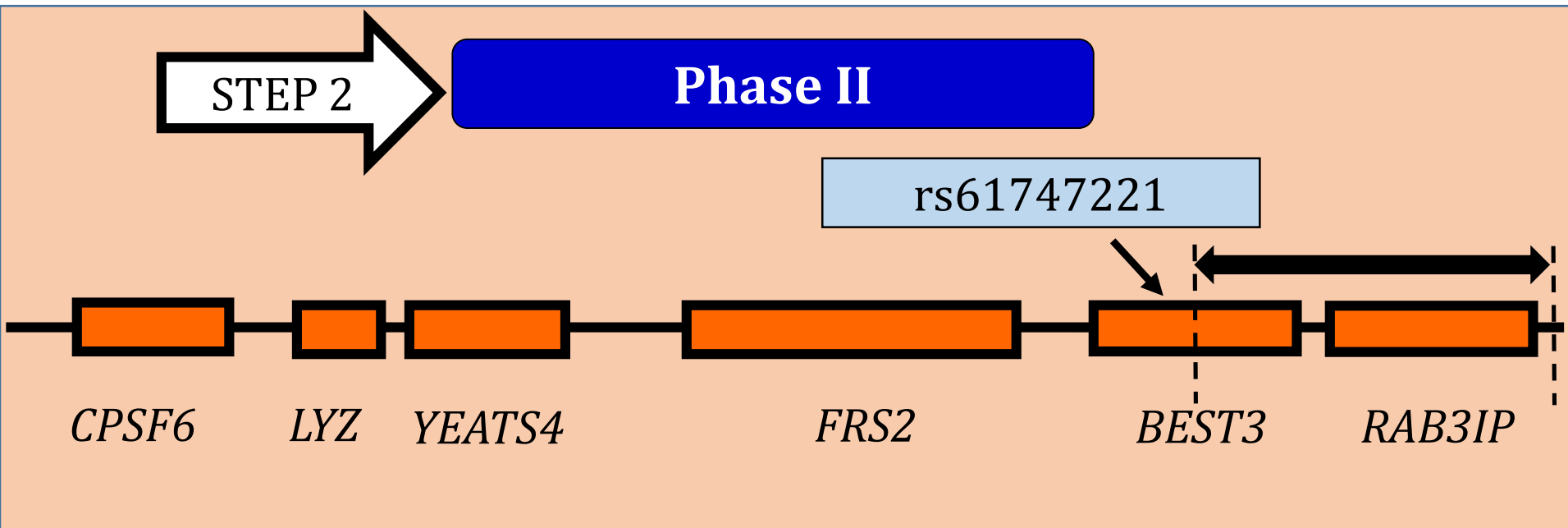
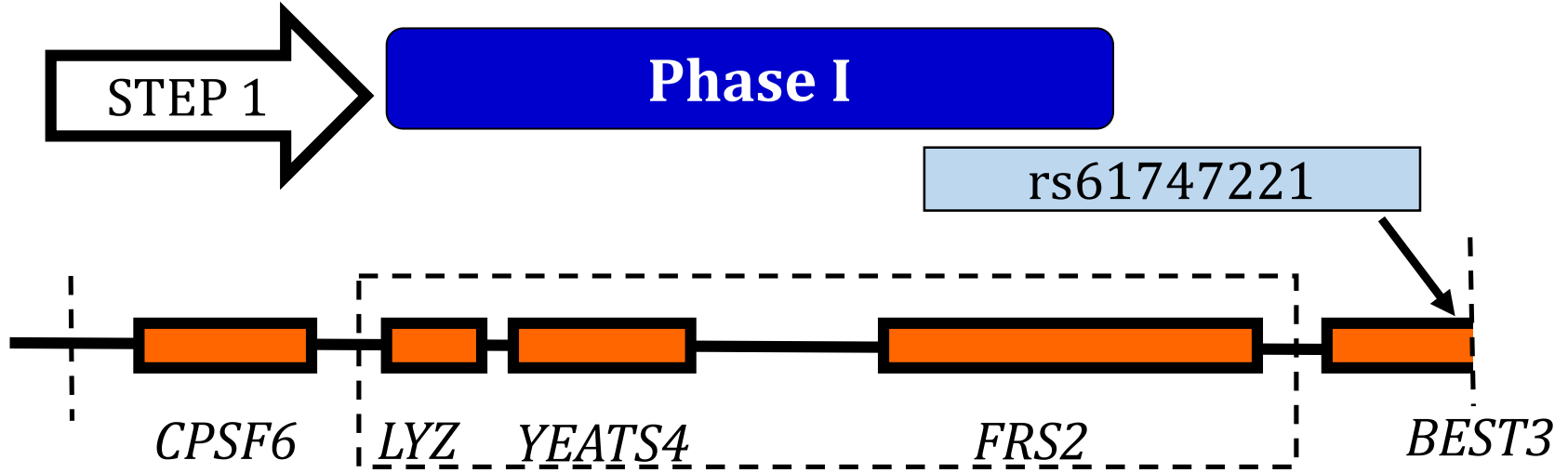
Characteristics	PHASE I (361)	
	Responder (%)	Non-Responder (%)
N	181(50.01)	180(49.86)
PEAR participants	97(27.14)	99(27.70)
GERA participants	84(23.26)	81(22.43)
African Americans	122(33.79)	120(33.24)
Baseline SBP (mmHg)	146.66±12.19	150.05±12.94
Baseline DBP (mmHg)	95.76±5.81	95.64±6.19
Post treatment SBP (mmHg)	125.06±10.54	145.67±13.53
Post treatment DBP (mmHg)	80.62±6.52	96.87±7.66
Δ SBP (mmHg)	-21.78±9.72	-3.75±10.24
Δ DBP (mmHg)	-15.04±6.04	1.14±5.59 <sup>4</sup>

## Phase I

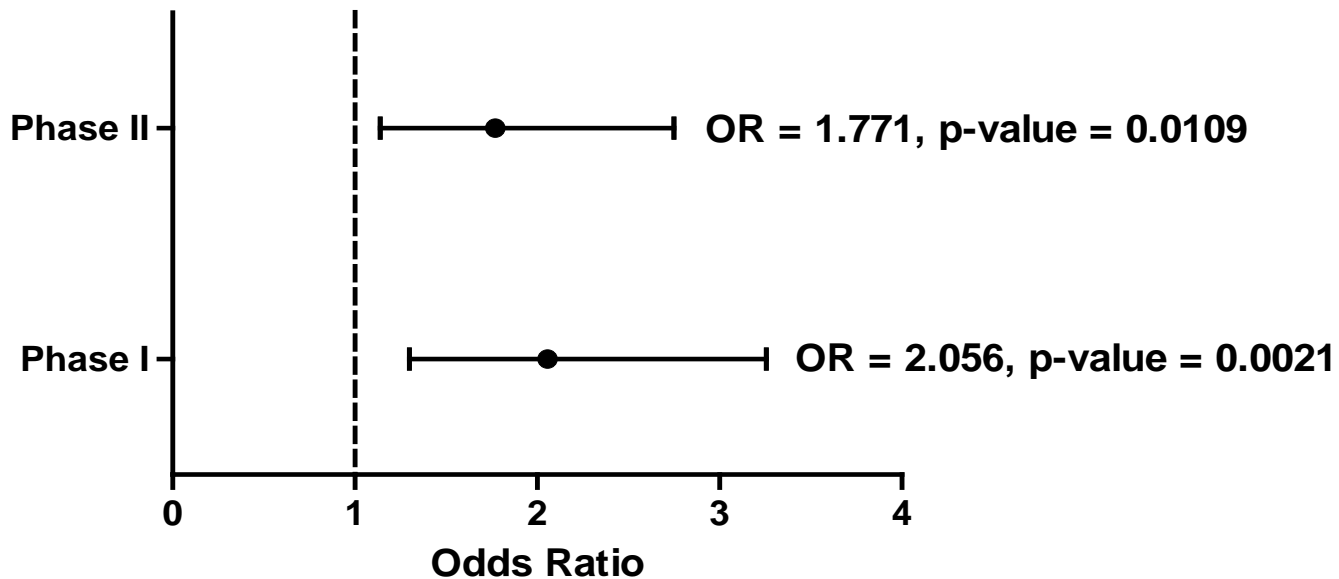
- Logistic regression was used for analysis and was adjusted for: Baseline BP, age, gender, race and principal components 1 and 2.



- BEST3 was not annotated at the time of target selection**
- Only a part of the BEST3 gene was captured in Phase I**



- All the participants of phase II were genotyped for rs61747221 and included in phase II data analysis analysis



## Validation – Entire Cohorts of PEAR and GERA

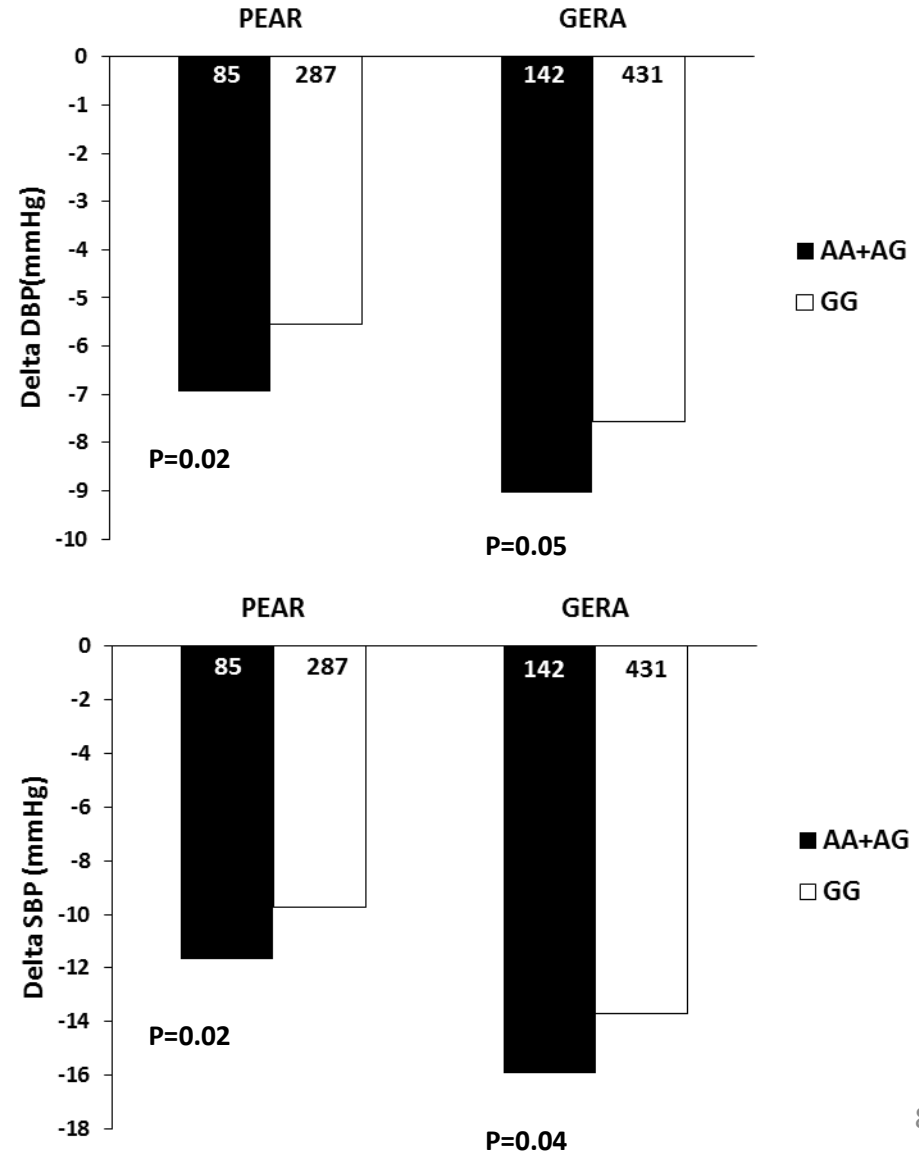
- Rs61747221 was tested for association with change in systolic ( $\Delta$ SBP) and diastolic BP ( $\Delta$ DBP) response post hydrochlorothiazide treatment

SNP	PEAR (N=370)				GERA (N=571)			
	DBP		SBP		DBP		SBP	
	P-Value	$\beta$	P-Value	$\beta$	P-Value	$\beta$	P-Value	$\beta$
<b>rs61747221</b>	0.023	-1.08	0.021	-1.60	0.032	-1.28	0.028	-1.95

# BP Response by Genotype

Minor Allele Frequency = 0.13

- The variant allele carriers were grouped together
- Association analyses using dominant model





rs61747221

SNP	Function	Allele Change	Residue Change
rs61747221	missense	CCA → CTA	PRO → LEU

## Pathogenicity Prediction using SIFT

SIFT predicted rs61747221 to have an “intolerant/damaging” effect on BEST3 protein

## ***BEST3* gene - Biological Candidate for HCTZ BP response**

- *BEST3* encodes for bestrophin3 and acts as a **calcium-activated chloride channel**
- **Essential** for the cyclic GMP-dependent **vascular smooth muscle relaxation and maintaining the vaso-motion of blood vessels**

## CONCLUSION

- ❑ We identified and validated a **novel missense SNP in the *BEST3* gene** highly associated with blood pressure response to HCTZ treatment
- ❑ *BEST3* is an **excellent biological candidate** for HCTZ mediated BP regulation

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